
























# National Children's Center Breakfast Menu - May / 2015

Monday	Tuesday	Wednesday	Thursday	Friday
 <p style="text-align: center;"><b>MEMORIAL DAY</b></p>			<p style="text-align: center;"><b>The Long Run</b></p> 	<p>Whl Grain French Toast (2.2oz) Syrup Turkey Bacon (1oz) Fresh Strawberries 1 cup</p> 
<p>4</p> <p>Raisin Bran (3/4 cup) Yogurt (4oz) Fresh Pear Slices 1 cup</p> 	<p>5</p> <p>Whole Grain Waffle (1.1oz) Syrup Turkey Sausage (1oz) Fresh Cantaloupe 1 cup</p> 	<p>6</p> <p>Cheerios (3/4 cup) Bran Muffin (2oz) Fresh Honeydew 1 cup</p> 	<p>7</p> <p>French Toast (2.2oz) Syrup Turkey Bacon (1oz) Fresh Watermelon 1 cup</p> 	<p>8</p> <p>Hard Boiled Egg (1oz) Whl Grain English Muffin (1oz) Assorted Jelly Fresh Strawberries 1 cup</p> 
<p>11</p> <p>Scrambled Eggs (1oz) 100% Whole Grain Toast (1 slice) Assorted Jelly Fresh Apple Slices 1 cup</p> 	<p>12</p> <p>Corn Flakes (3/4 cup) Turkey Bacon (1oz) Fresh Orange 1 cup</p> 	<p>13</p> <p>Whl Grain Pancake (1.1oz) Syrup Turkey Sausage (1oz) Fresh Watermelon 1 cup</p> 	<p>14</p> <p>Rice Krispies (3/4 cup) Apple Muffin (2oz) Fresh Grapes 1 cup</p> 	<p>15</p> <p>Whl Grain Mini-Bagel (1oz) Cream Cheese Yogurt (4oz) Fresh Strawberries 1 cup</p> 
<p>18</p> <p>Cheerios (3/4 cup) Turkey Bacon (1oz) Fresh Pear Slices 1 cup</p> 	<p>19</p> <p>Grilled Turkey Ham (1oz) 100% Whole Grain Toast (1 slice) Assorted Jelly Fresh Cantaloupe 1 cup</p>	<p>20</p> <p>Whole Grain Waffle (1.1oz) Syrup Turkey Sausage (1oz) Fresh Honeydew 1 cup</p> 	<p>21</p> <p>Scrambled Eggs (1oz) Whl Grain English Muffin (1oz) Assorted Jelly Fresh Watermelon 1 cup</p> 	<p>22</p> <p>Corn Flakes (3/4 cup) Blueberry Muffin (2oz) Fresh Strawberries 1 cup</p> 
<p>25</p> <p>Pancake (1.1oz) Syrup Turkey Sausage (1oz) Fresh Apple Slices 1 cup</p> 	<p>26</p> <p>Whl Grain Mini-Bagel (1oz) Cream Cheese Yogurt (4oz) Fresh Orange 1 cup</p> 	<p>27</p> <p>Scrambled Eggs (1oz) 100% Whole Grain Toast (1 slice) Assorted Jelly Fresh Watermelon 1 cup</p> 	<p>28</p> <p>Rice Krispies (3/4 cup) Apple Muffin (2oz) Fresh Grapes 1 cup</p> 	<p>29</p> <p>Whl Grain French Toast (2.2oz) Syrup Turkey Bacon (1oz) Fresh Strawberries 1 cup</p> 

A variety of 8-oz milk is served with all meals: 1% (unflavored); fat-free (flavored)